

COOPERATION PROGRAMME: (Interreg VI-A) Greece-Italy

SECTION A: PROJECT IDENTIFICATION

MIS IDENTIFICATION CODE: 6005597

PROJECT ACRONYM: HealthyMinds

PROJECT TITLE: Prevention, early diagnosis και intervention activities to enhance the mental health of young people of generation Z

PROJECT DURATION

Start: 15/04/2025

End: 15/04/2027

Total Months : 24,00

APPLICATION FORM

VERSION OF APPLICATION FORM: 1.0

DATE OF SUBMISSION:
07/05/2025 02:54

DATE OF APPROVAL:

PROPOSAL INFORMATION

TITLE: 1Η ΠΡΟΣΚΛΗΣΗ ΥΠΟΒΟΛΗΣ ΠΡΟΤΑΣΕΩΝ ΓΙΑ ΚΟΙΝΑ ΕΡΓΑ ΣΤΟ ΠΡΟΓΡΑΜΜΑ ΣΥΝΕΡΓΑΣΙΑΣ INTERREG VI-A ΕΛΛΑΔΑ - ΙΤΑΛΙΑ 2021-2027/ ΣΤΑΔΙΟ Β

CALL S/N: 4190

CODE: 1EL-IT

CATEGORY OF PROPOSALS: Common

COOPERATION PROGRAMME INFORMATION

PROGRAMME PERIOD: 2021 - 2027

CP CODE: 632

Priority Axis

3 - P3 - Enhanced cooperation for a more social and inclusive GR-IT area

Fund

ERDF

Intervention field

160 Measures to improve the accessibility, effectiveness and resilience of healthcare systems (excluding infrastructure)

Specific Objective

RSO4.5 Access to health care

CLASSIFICATION

Category	Description
Territorial delivery mechanism and territorial focus	33 No territorial targeting
Form of financing	01 Grant
ECO	26 Other unspecified services
COFOG level 2	07.4 Public health services
COFOG level 2	07.5 R&D Health

Brief Summary of the Project

The project HealthyMinds aims to address the mental health challenges of Generation Z youth (17+) through a network of early diagnosis and intervention mechanisms, integrating technology and innovative services at the primary and secondary prevention levels. Due to the pandemic, several aggravating factors have intensified mental health issues among adolescents. These persistent conditions hinder the social inclusion of young people and place immense pressure on mental health systems, whose capacity is increasingly strained by surging demand. The objective of the project is to create multi-level responses that combine research, awareness, education, informal support networks, and digital tools to reduce the incidence of mental health problems and promote inclusion and well-being among young people. HealthyMinds will foster cross-border cooperation between Greece and Italy, specifically in the regions of Western Greece, Epirus, the Ionian Islands, and the Province of Lecce in the Puglia region.

These areas face similar challenges and share demographic and socioeconomic traits, making them ideal for a coordinated intervention. Thanks to the HealthyMinds project, a comprehensive action plan will be implemented across educational institutions and families, including: research in high schools and universities to identify emerging mental health issues; awareness-raising and training activities for teachers, parents, and students; creation of informal mental health support networks integrated with official services; and the launch of a digital platform providing remote counseling. In addition, recognizing the strong connection between Gen Z and mobile technology, a trilingual serious game will be developed to help manage stress—one of the key contributors to youth mental health disorders. The project also addresses the psychological impacts of climate change, especially post-traumatic stress disorders, by training municipal social workers in affected areas. The initiative will be implemented over 24 months with a total budget of €1,367,153.44 and will involve four partners. On the Italian side, the Municipality of Nardo and the youth-focused NGO Padre Gigi Movia ETS will participate. From Greece, the Hellenic Regulatory Body of Nurses (HRBN) - 3rd Regional Section in Patras and the 6th Regional Health Authority will lead the efforts, ensuring the integration of health professionals and regional mental health services.

Project Description to be published

The HealthyMinds (Prevention, early diagnosis KAI intervention activities to enhance the mental health of young people of generation "Z") is a project that is implemented within the frame of Interreg Greece-Italy V/A 2021-2027 programme. HealthyMinds aims to promote mental health among Generation Z youth (17+) through early intervention, technology, and cross-border cooperation. The pandemic along with ongoing global crises and economic pressures have intensified mental health challenges, affecting inclusion and overwhelming existing services. The objective is to reduce long-term demand on mental health systems by developing preventive tools and services that enhance well-being and resilience. The project targets the regions of Western Greece, Epirus, and the Ionian Islands in Greece, and Puglia in Italy, selected for their similar socio-economic conditions and shared challenges in youth mental health. Through HealthyMinds, key actions will be implemented: research in schools and universities, training and awareness-raising for teachers, parents, and students, and the creation of informal support networks linked to mental health services. A digital platform for counseling and a serious game to manage stress will be developed. More specifically a user-friendly online platform will be created to provide remote psychological counseling and support services especially in rural and underserved areas. Moreover, recognizing the close relationship between Generation Z and digital media, the project will also develop an educational game available in both Greek and Italian. The serious game will guide young users through interactive scenarios designed to build emotional resilience and teach evidence-based stress management techniques, such as mindfulness and emotional regulation. Finally, municipal staff will be trained to address climate-related psychological effects, ensuring community-based support and long-term impact.

BENEFICIARY INFORMATION

S/N	Beneficiary Institution (Full Name)	Role	NUTS II / NUTS III	Legal Status	Staff Cost Calculatio n Method	Office and Administrati on Calculation Method	Travel and Accommodati on
1	HELLENIC REGULATORY BODY OF NURSES	Lead beneficiary	EL30070 3		Flat Rate	Flat Rate	Real Cost
2	6TH HEALTH REGION- SPECIAL FUND ACCOUNT FOR RESEARCH AND DEVELOPMENT	Partner	EL23		Real Cost	Flat Rate	Real Cost
3	MUNICIPALITY OF NARDO	Partner	ITF45		Flat Rate	Flat Rate	Flat Rate
4	CAPODARCO COMMUNITY "FATHER GIGI MOVIA" ETS	Partner	ITF45		Real Cost	Flat Rate	Flat Rate

BUDGET PER BENEFICIARY

S/N	Country	EU Contribution (1)	%	National Contribution (2)=(a)+(b)	%	Indicative breakdown of National Contribution		Total (3)=(1)+(2)
						National Public (a)	National Private (b)	
1	ELLADA	392.382,75	75,00	130.794,25	25,00	130.794,25		523.177,00
2	ELLADA	156.903,75	75,00	52.301,25	25,00	52.301,25		209.205,00
3	ITALIA	279.695,43	75,00	93.231,81	25,00	93.231,81		372.927,24
4	ITALIA	196.383,15	75,00	65.461,05	25,00	65.461,05		261.844,20
TOTAL		1.025.365,08		341.788,36		341.788,36	0,00	1.367.153,44

BUDGET PER COUNTRY

Country	Number of Partners	EU Contribution (1)	National Contribution (2)=(a)+(b)	Indicative breakdown of National Contribution		Total (3)=(1)+(2)
				National Public (a)	National Private (b)	
ELLADA	2	549.286,50	183.095,50	183.095,50	0,00	732.382,00
ITALIA	2	476.078,58	158.692,86	158.692,86	0,00	634.771,44
TOTAL		1.025.365,08	341.788,36	341.788,36	0,00	1.367.153,44

PROJECT BUDGET

EU Contribution	1.025.365,08
National Contribution	341.788,36
National Public	341.788,36
National Private	0,00
TOTAL Budget	1.367.153,44

SECTION B: DETAILED DESCRIPTION**LOCATION OF ACTIVITIES**

LOCATION	GRADE	DESCRIPTION	NUTS	%
1 28 29	Regional Unit	ELLADA Arta Arta	EL541	4.8
1 28 30	Regional Unit	ELLADA Thesprotia Thesprotia	EL542	4.8
1 28 31	Regional Unit	ELLADA Ioannina Ioannina	EL543	4.8
1 28 32	Regional Unit	ELLADA Preveza Preveza	EL541	4.8
1 33 34	Regional Unit	ELLADA Zakynthos Zakynthos	EL621	4.8
1 33 35	Regional Unit	ELLADA Kerkyra Kerkyra	EL622	4.8
1 33 36	Regional Unit	ELLADA Kefallinia Kefallinia	EL623	4.8
1 33 37	Regional Unit	ELLADA Lefkada Lefkada	EL624	4.8
1 38 39	Regional Unit	ELLADA Aitolokarnania Aitolokarnania	EL631	4.8
1 38 40	Regional Unit	ELLADA Achaia Achaia	EL632	5.5
1 38 41	Regional Unit	ELLADA Ileia Ileia	EL633	4.82
2067 2113 2116	Regional Unit	ITALIA Lecce Lecce	ITF45	46.48

B.1 HISTORY/OUTPUTS/RESULTS**B.1.1 Background and history of the project (opportunities/ common and territorial challenges to be addressed)**

- What are the common territorial challenge(s) that will be tackled by the project? Please describe why your project is needed in the Programme area and the relevance of your project for the Programme area, in terms of common challenges and opportunities addressed.
- How does the project tackle identified common challenges and/or opportunities and what is new about the approach the project takes? Please describe new solutions that will be developed during the project and/or existing solutions that will be adopted and implemented during the project lifetime. Describe also in what way the approach goes beyond existing practice in the sector/programme area/participating countries.

The project, named "HealthyMinds", is focused on three key areas: prevention, early diagnosis and interventions to enhance the mental health of Generation Z young people. It falls under the specific objective RSO4.5. The objective is to contribute to addressing the increased mental health issues affecting Generation Z (17-18+) young people, caused by the emergence of the pandemic and the measures taken to protect them from it. At the same time, it seeks to implement primary prevention through the mobilisation of institutions such as the family and secondary education. This will create an informal network of early diagnosis through information and awareness-raising among parents and teachers, allowing for early intervention. It also aims to strengthen the Psychological Support Centres within the universities in the cross-border intervention area. This will be achieved through the development of distance counselling and peer support models, which will strengthen the resilience of mental health services as a whole. Generation Z in both countries faces mental resilience issues that, if not identified early, will further burden the mental health system. The project is in line with the decisions of the European Council (15971/23/ Brussels, 30 November 2023) on the need to develop services for young people and early diagnosis. The project is moving in the following directions: (a) intervention for teachers and parents of adolescents, (b) use of new technologies in clinical practice and exchange of good practices between the two sides, as expertise exists on both sides, (c) intervention with the university student population and creation of informal peer support groups. This intervention is innovative because it is based on prevention, sustainable because it creates low-cost informal networks, creates a network of cross-border areas and finally contributes to equal access for all social groups by creating new opportunities for access to mental health services for all.

B.1.2 What are the expected outputs of the project? Who will benefit from your project outputs

Please describe the main outputs that will be delivered based on the WPs carried out in the project and link them to the related programme output indicators. Explain to what extent the outputs of the project contribute to the fulfilment of the Specific Objective. Please describe the target groups and explain in more detail exactly who will benefit from your project.

The project will deliver a range of outputs, including awareness-raising, information, support and training activities. It is estimated that the actions will benefit 70,000 students (20,000 in Italy and 50,000 in Greece) and 40,000 students aged 16-17 (25,000 in Greece and 15,000 in Italy). Training in the early detection of mental health symptoms is scheduled for 500 teachers and 500 parents in Greece and 100 teachers and 300 parents in Italy. A trilingual digital intervention platform will be created for both regions. 200 mental health professionals will be trained (150 in Greece and 50 in Italy), 300 municipal officials will be trained on the impact of climate change on mental health (200 in Greece and 100 in Italy), and four informal peer support groups will be created in the intervention universities (three in Greece, one in Italy). The outputs are linked to the RCO 116 (target value 1), RS084 (target value 4), RCR72 (target value 200), and RCR104 (target value 1) output indicators. All interventions are aligned with the overarching objective RSO4.5 and are based on the EU Mental Health Guidelines (COM(2023)298 final/7.6.2023 final). The end-users are young people of Generation Z, as their mental health and prospects for social inclusion and quality of life will be improved. The indirect beneficiaries will be mental health services, teachers and parents of secondary school pupils in the regions of Western Greece, Epirus, Ionian Islands and the province of Lecce in the region of Puglia, with a particular focus on the municipality of Nardo. Mental health services will benefit from a reduction in demand for inpatient services due to early diagnosis and intervention, as well as the use of new technology in service delivery. Teachers and parents will also benefit from improved educational conditions, resulting from a reduction in conflicts caused by mental health problems. Implementing agencies will gain new opportunities through networking and the exchange of knowledge and expertise.

B.1.3 What are the expected results of the project? Who will benefit from your project results

Please describe the main results that will be delivered based on the WPs carried out in the project and link them to the related programme result indicators. Explain to what extent the results of the project contribute to the fulfilment of the Specific Objective. Please describe the target groups and explain in more detail exactly who will benefit from your project.

The results demonstrate the importance of ensuring the equal social inclusion of Generation Z through improved mental health. The design is based on axes: (a) awareness-raising through the provision of appropriate materials; (b) early detection through the training of teachers and parents; (c) research of mental health problems; (d) early intervention through the utilisation of teachers and parents in prevention, the use of digital platforms for service delivery, the exchange of good practices and the introduction of innovations (peer support); (e) training of mental health professionals and municipal officials in the management of psychosocial events; and (f) networking and cooperation between actors. This will achieve family and community support (awareness-raising – information), strengthen mental health services by creating online services, and improve young people's access to mental health services and prospects for equal social inclusion (specific objective RSO 4.5). The primary target group is Generation Z, defined as individuals aged 17 and above. Other target groups include teachers, parents, universities, mental health professionals, municipal social services staff and the wider community of the intervention area. The project's beneficiaries include the Nurses' Association of Greece, which is interested in the education and support of its members and the modernisation of health services; the 6th Health Region, which is responsible for the operation of all Mental Health services in the intervention areas from the government side; the Municipality of Nardo, Italy, which is interested in supporting young people and improving mental health and community care services; and Padre Gigi Movia ETS NGO, which supports children and young people. Generation Z young people are the end-users of new services, a new methodology of approach, training, new technologies and a new culture in institutions such as the family and school.

B.2 METHODOLOGICAL APPROACH

B.2.1 Project methodology/Roles - Tasks of Beneficiaries

- Describe the project approach and provide summary description and objective of all work packages of the project and identify activities' interlinks (sequence, combination, interrelation between activities-deliverables).
- Please include explanation of how will Beneficiaries be involved in the project (who will do what).

The project consists of 5 Work Packages (WPs) that follow a logical sequence: research, development of materials/equipment, awareness-raising, training, and intervention. WP1 focuses on the coordination and management of the project, involving all partners, with HRBN as the coordinating partner responsible for evaluation. WP2 addresses the promotion and publicity of the project, including opening and closing workshops with all partners, creating a website and social media presence, publicity actions (e.g., leaflets, press releases) with the participation of all partners, a promotional video, and radio spots led by PB1 and PB4. WP3 involves PB1 and PB2 mapping mental health issues among Generation Z through two surveys: one targeting high school students (16-17 years) and one targeting university students (18+). PB1 will also develop a digital platform for organizing interventions and posting educational mental health materials. PB1 and PB4 will oversee the development of this material and staff training, while two psychologists and two social workers will be recruited for 12 months in both countries, under the supervision of the PB2 and PB4. WP4 builds on WP3 by using the survey results to create awareness-raising materials and actions. The PB2 and PB4 will produce awareness materials, which will be distributed to the community by PB1 and PB4. PB1 will also develop a trilingual mobile application for stress management. WP5, led by PB1 and PB3, focuses on sensitizing students in four universities (Patras, Ioannina, Ionian, Università del Salento), training them in peer support methodology to establish informal support groups at their universities. The PB2 and PB3 will develop intervention materials, including resources for managing the psychosocial effects of climate change. This includes training materials for Social Services workers in 30 municipalities in the three intervention regions of Greece and in 10 municipalities in Puglia, under the responsibility of PB1 and PB3.

B.2.3 Location of the investment

Description of the area targeted by the project, location of Beneficiaries and activities, showing the geographical scope

The intervention area encompasses three Greek regions (Western Greece, Epirus, Ionian Islands) and the Italian province of Lecce. The regions were selected on the basis of their comparable population size and similarities in the organisation of the local economy and the general characteristics of the local population. The population of the province of Lecce is 770,078, of whom 20,000 are students and over 15,000 are enrolled in high school or technical school. The total population of the three Greek regions is 1,172,743, of whom 50,000 or more are students. There are 187 high schools with 2,852 teachers and an estimated number of students greater than 25,000 (2021). The project activities will be implemented throughout the cross-border areas. However, for operational reasons, information, awareness-raising and education activities will be concentrated in the municipalities of Nardo and Patras, as all project partners are based in these municipalities. The information and awareness-raising actions are applicable to the entire intervention area and include radio messages, press releases, leaflets, educational materials in both printed and electronic formats, and workshops. A mapping of mental health issues will be conducted in high schools in the province of Lecce and in the Greek intervention regions, as well as in the universities of the intervention area (University of Patras, Ionian University, University of Ioannina and Università del Salento). Similarly, the interventions will focus on teachers and PTAs in the high schools of the aforementioned regions, as well as in the respective universities. Training actions concerning the social services staff of municipalities to address the psychosocial consequences of climate change will be implemented in 30 municipalities of the Greek intervention area, as well as in 10 municipalities of Lecce. The selection will be based on population criteria (larger population size).

B.3 MANAGEMENT**B.3.1 Partner Expertise**

If you are the project lead partner, please describe here your organisation's capacity (managerial, steering, administrative, adequacy of financial resources e.t.c.) and experience in managing, coordinating and steering EU co-financed projects or other international projects. If you are the project partner describe here your organization capacity (managerial and operational) for the successful implementation of the assigned project activities. If you are a project partner that will coordinate specific activities (i.e. taking over the role of project communication manager), please describe here what are your organisation's relevant competences and experiences

The Lead Beneficiary (HRBN) is a public body established by Law 3252/2004 to officially represents nurses and is supervised by the Ministry of Health. It has a strong administrative structure consisting of a central administration and regional departments across all health regions of the country. HRBN has a well-structured team with the appropriate scientific expertise and experience, ensuring smooth project implementation. It has defined roles and duties for all parties involved, has its own budget to support its activities, and has developed strategies for long-term project viability, allocating resources in a cost-effective manner and monitoring them on an ongoing basis. Finally, HRBN has experience in implementing European programs and programs co-funded by the EU and national resources.

B.3.2 How will you coordinate your project? (Structures, decision making procedures, internal communication, etc.)

Describe how the management on the strategic and operational level will be carried out in the project, specifically:

- Who will be responsible for coordination? Will you have any other management structures (e.g., thematic groups, WP managers)? How will the internal communication work?
- Describe specific approaches and processes & responsible partners. If you plan to have any type of project evaluation, please describe its purpose and scope here
- Define responsibilities, deadlines in financial flows, reporting flows, project related transfers, reclaims, etc..

The Project Coordination Committee (PCC) will oversee the project, chaired by the Project Manager (PM) from the Principal Beneficiary (PB), with representatives from each partner. The PCC ensures the project produces required deliverables and has administrative oversight, will meet twice a year to oversee progress. The PP delegates technical and financial management to the Project Management Team (PMT), which includes the PM, Financial Manager, and Administrative Support Officer. The PMT, supported by other partners, forming the Project Technical Management Committee (PTMC). The PTMC manages the project's technical and financial aspects, control progress reports, and deliverables. The PM will guide the PTMC and monitor the project's progress, adherence to schedules, and contractual obligations. The LB will summarize the project's progress in Progress Reports to the Central Secretariat. The PTMC will maintain constant communication for timely deliverable implementation and issue resolution.

B.3.3 What is the rationale of the partnership composition and how are partners complementary to each other

-Describe how the project idea and the partnership were developed

-Please describe the structure of your partnership and why the involved partners are needed to implement the project and to achieve the project objectives

The partnership consists of 4 organisations, 2 from Greece and 2 from Italy, sharing the responsibility for implementing mental health policies. Since the pandemic, there has been an increase in the demand for mental health services, especially among young people. In Greece, PB1 (HRBN) and PB2 are involved. HRBN represents nurses, who play an important role in mental health, while the ELKEA of 6th Health Region is responsible for implementing relevant policies. On the Italian side, PB3 and the PB4, which works with young people, also recognise the increase in mental health problems. The common challenge of this increase and the need to comply with EU guidelines have brought the two sides together. HRBN was chosen as coordinator because of its experience in similar projects. All partners are relevant to mental health and take on roles that complement each other, making them indispensable.

B.4 INFORMATION AND PUBLICITY

B.4.1 What will be the general approach you will follow concerning the Information and Publicity Strategy

Please describe i. the structure of the Project's Communication Plan (timetable, milestones, target groups, etc), ii. the information and publicity measures to be carried out (website, events, publicity material etc), iii. the means of communication to be used to disseminate the Project's outputs, results, and achievements (social media, brochures, promotional material etc), and iv. how the anticipated project results are going to be promoted at a European, National and/or at a Regional level.

The extroversion and wide dissemination of the project's actions and results is a central element of the Publicity Plan, which includes: 1) Opening and closing events in Greece and Italy: The initial events will be held at the beginning of the project to inform the target audience, while the final events, which will take place one month before the end, will present the results and deliverables of the project. The events will be organised by HRBN and the ELKEA of 6th Health Region, with the participation of all partners to promote the project in a coherent way. Project results will also be published in international journals and international conferences on Mental Health. 2) Project website: The website will be available within the first six months and will be updated regularly. All partners will promote the link on their own websites and the project will be presented on social networks (Facebook, TikTok, Instagram) with continuous updates on developments, news and results. "Production of promotional material: Includes brochures, pens, notebooks, roll-ups, etc. Press releases and newsletters. Promotional video: Presentation of results and collaboration. Radio spots: Production and broadcast in Greece and Italy. The actions will provide the necessary visibility, raise awareness and attract the direct beneficiaries (Generation Z, universities, teachers, parents of students, mental health professionals). In addition, local communities will benefit through increased student mobility and the creation of informal social solidarity networks.

B.5 MATURITY OF THE PROJECT

B.5.1 Technical and legal requirements

Please indicate the technical and legal requirements associated to the maturity of the project in terms of completion of the administrative procedures that allow the implementation of the project (e.g. licenses, designs, permits, land acquisition, tenders documents, ownership, etc), according to the respective national legislation and if these are already available. This information should be provided for all project activities (services, equipment, infrastructure, staff).

The planned interventions of the proposed project do not require the completion of administrative procedures, such as the issuing of permits, plans, etc. They are soft actions, such as the preparation of studies, the creation of a digital platform, training, the development of a mobile phone application. As far as the institutionalisation of events is concerned, the relevant partners are either public bodies or public authorities and therefore have the necessary expertise and competence to organise these events on an annual or bi-annual basis. In the same context, and taking into account the experience of the partners in co-financed projects, all participating partners are financially self-sufficient, are familiar with the national and Community legal framework for public procurement and will launch the tenders foreseen within this framework and in accordance with the implementation guidelines of the call. All partners are active in the field of Mental Health and provide related services. Members of the PB1/Lead Beneficiary work as school nurses, and the HRBN ensures the continuous training of mental health nurses who are the dominant group in mental health services. The PB2 by Law 5129/2024 is responsible for the provision of mental health services in the cross-border intervention area. So is the PB3 under the powers of the Local Government in Italy, and PB4 provides services for young people. In terms of equipment and staffing, the partners are adequate, as the majority of them operate under the supervision of the State, are financially self-sufficient and are the main providers of mental health services in the cross-border area. In terms of infrastructure, a digital platform for the development of new mental health services and "Serious" Game for mobile use will be developed as a new Generation Z-friendly intervention tool.

B.6 SUSTAINABILITY OF RESULTS / LONG-TERM PLANS

B.6.1 Ownership

Please describe who will ensure the financial and institutional support for outputs/deliverables developed by the project (e.g., tools), and explain how these outputs/deliverables will be integrated in the work of partner organisations.

The partners have financial autonomy to support the actions and institutional competence to engage in the field of mental health. Therefore, they can financially and institutionally support the results of the project beyond the end of the project. At the institutional level and in order for the results to be permanent, they will sign Memoranda of Understanding with the Education Structures, whose operation is under the responsibility of the Ministries of Education of the two countries. The Municipality of Nardo (PB3) and the ELKEA of 6th Health Region (PB2) will undertake the signing of these MOUs or their extension, where they exist. The teachers and parents trained in early diagnosis will act as multipliers ensuring the continuation of informal networking. The same applies to students who will be trained as peer supporters. After the end of the project, the digital platform will be transferred by the PB1 to the PB3 for continued operation, as it has more possibilities to expand its operation in the future. Synergy with Universities that train mental health professionals in the use of new technologies can help to enhance the sustainability of the digital platform by signing MoUs or extending them, if they exist. Its integration is financially and institutionally feasible. With regard to the "Serious" Game, it will be created as a one-off, it will be free of charge and its viability will depend entirely on its functionality, i.e. whether it is friendly to the target group (Generation Z young people) and, above all, whether it fulfils its mission to reduce the symptoms of anxiety experienced by young people and lead them to better stress management, thus decisively improving their daily life and quality of life.

B.6.2 Durability

Some outputs/deliverables should be used by relevant groups (project partners or others) after the project's lifetime, in order to have a lasting effect on the territory and the population. For example, new practices in circular economy need to be used by local authorities, and the whole population will benefit from this. Please describe how your outputs/deliverables will be used after the project ends and by whom.

The function of teachers as ethos for early diagnosis of mental illness is part of their duties. This role is reinforced by the presence of mental health specialists in schools in both intervention areas. The same applies to parents. Their training and function as multipliers will create on a permanent basis an informal network of early diagnosis, decisively strengthening the formal network of mental health services, drastically reducing the demand for services at secondary and tertiary level. The Digital Platform will help in the development of new distance services. The HRBN (PB1) will develop it and will also marginalize it, because it does not have the institutional burden of operating mental health services and has greater freedom of action. At the end of the project, it will be handed over to the 6th Health Region to integrate it into existing services. The digital game will be free of charge and will be provided in Greece and Italy by the project partners through their websites. The organisation of informal peer support groups will continue after the end of the action. The intervention universities in Italy and Greece have Student Counselling and Psychological Support Centers and have every reason to continue this activity, as it does not entail any costs and is part of their institutional functioning. The networking of mental health agencies with high schools and Parents' Associations is at the 'heart' of prevention policies, there is an EU imperative to support the Family and Education as institutions, as they are the ones who experience in practice the increased mental health problems of young people. In conclusion, all project deliverables are in line with EU Mental Health policies, because they were designed on them and in this sense it is easy both to be integrated by the project beneficiaries and become permanent, and to be extended as good practices throughout the territory of the two countries beyond the cross-border intervention area.

B.6.3 Transferability

Some outputs/deliverables that you will deliver could be adapted or further developed to be used by other target groups or in other territories. What will you do to make sure that relevant groups are aware of your outputs/deliverables and are able to use them?

In order to ensure that other groups are informed and can make use of the project's outputs and results, publicity and promotional activities will initially be carried out, such as the creation of a project website, newsletters, press releases and awareness-raising materials targeted at the target groups and accessible to the general public. These actions will also be promoted through social networks and local media to achieve wide dissemination. In addition, partnerships will be developed with other actors, local authorities and universities at national and international level to disseminate results and build on good practices from other regions. Deliverables, such as digital tools and training platforms, will be designed to be flexible and easily adaptable to the needs of other target groups or regions. The act by its very nature produces a new understanding of mental health, as it is rooted in European and national policies. It focuses on prevention, creates formal and informal networking, makes use of technology and creates a new culture both among mental health professionals and in society.

The dissemination of the results of the action will be multilevel and in many ways: 1. participation in national and international scientific conferences, 2. through publication of the results in international and national scientific journals, 3. through the promotional video of the project, 4. through the organization of workshops in cooperation with the municipalities of the region, 5. through the use of social media, 6. by using the project website and the institutions.

B.6.4 Environmental sustainability and risks associated to the intervention/s

Please specify possible positive or negative environmental effects related to the investment. In case of environmental risks, please describe the mitigation and monitoring measures foreseen. For investments in infrastructure with an expected lifespan of at least five years, please describe the expected impacts of climate change and how their assessment and climate proofing will be ensured. Please describe other risks associated with the investment, go/no-go decisions, etc. (if any).

The action's content has no impact on the environment and is environmentally neutral in regard to soft actions. It also creates opportunities in the field of entrepreneurship and the development of new technologies in the cross-border area. The increase in mental health problems worldwide has created a new market for new digital products and services in the field of mental health. However, the entrepreneurship development opportunity does not align with the specific objective of this action. The project has been designed to mitigate the potential risks posed by climate change. Specific measures have been put in place to address the psychosocial consequences of climate change-related disasters. The action entails the creation of educational materials and the training of social service personnel in 40 municipalities within the cross-border region (30 on the Greek side and 10 on the Italian side). The objective is to equip them with the skills to effectively address the psychosocial consequences of a disaster caused by climate change. It is crucial to ensure a sense of security at the local level, as both cross-border areas, along with high seismicity, frequently experience climate change-related phenomena that can negatively impact the environment or the local economy (e.g. drought) and result in population displacement. This action indirectly contributes to the preservation of the ecosystem, of which the human factor is a part.

B.7 CROSS-BORDER COOPERATION & ADDED VALUE**B.7.1 Why is cross-border regional cooperation needed to achieve the project's objectives and result**

Please explain why the project objectives cannot be efficiently reached acting only on a national/regional /local level and/or describe what benefits the project partners/target groups/ project area/programme area gain in taking a cross-border approach.

The project are aligned with the EU guidelines on mental health and the national policies. The Italian model of health and social services is decentralised, while Greece has a high degree of centralisation. Cross-border cooperation is essential to facilitate the exchange of good practices. Through the project, cooperation between municipalities and universities will be strengthened. Cross-border cooperation is essential for effective mental health services and better treatment for young people.

B.7.2 Intensity of Cross-Border Cooperation

Please select all cooperation criteria that apply to your project and describe how you will fulfil

Development of the operation and Implementation of the operation

Both the design and the implementation of the project actions are based on a purely cross-border approach, as they are always based on the participation of partners from both countries.

Staffing of the operation and Financing of the operation

Furthermore, as regards the staffing of the project operations, the participation of the partners' staff in the actions to be organised at cross-border level ensures joint staffing. While as regards the financing of the operations, the participation of each partner itself is covered by EU and national funds, which implies the joint financing of the actions.

B.7.3 How does your project build on available knowledge

Please describe the experiences/lessons learned that your project draws on, and other available knowledge your project capitalises on. If relevant, please specify the projects to be capitalised and which project partner(s) have been involved

The project is the result of research studies conducted in Italy, Greece and other EU countries which demonstrate a significant increase in the prevalence of mental health conditions, with depression and anxiety disorders representing the most common diagnoses. These trends are particularly evident among younger age groups, including Generation Z. This epidemic occurred subsequent to the pandemic and represents a common challenge in cross-border regions. The project is therefore based on existing knowledge. It is now time to capitalise on previous projects in health, as they have created the basis for networking and a culture of cross-border cooperation. They have also highlighted technology and digital platforms as a privileged field for joint actions and cooperation, particularly in the field of health. The project is based on the experiences and lessons learned from the implementation of the Cooperation for Health 2 (COOFHEA2) project, in which studies were carried out and a platform was created. In particular, the eHealthPassport platform was developed and piloted in a network of hospitals in the 6th Health Region. Furthermore, a spirit of collaboration was fostered between the Region of Puglia and the Regions of Western Greece, Ionian Islands and Epirus. Furthermore, the project will leverage the existing culture of collaboration and draw upon the expertise in digital platform development. It will also capitalise on the insights and experiences gained by nurses from the HRBN who participated in the previous project. Furthermore, the signing of a Memorandum of Cooperation between the Ministry of Health of Greece and the Regional Health and Social Care Organization of the Region of Puglia, with the objective of promoting innovation

in the health sector, will be leveraged.

B.7.4 How will your project make use of synergies with past or current EU and other projects or initiatives

Please describe synergies and the activities foreseen to ensure coordination and avoid overlaps with on-going and planned initiatives/projects. Please specify if this application is linked to any other proposal under preparation within other EU funds, also specifying the concerned EU-funded programmes (e.g. other Interreg programmes, Horizon Europe, LIFE, national or regional programmes supported by EU funds, etc.)

The proposal does not provide for synergy with other projects or initiatives currently being implemented or programmed. Furthermore, it is not linked to other proposals that are under preparation under other European funding programmes, such as other Interreg, Horizon Europe, LIFE, or national and regional programmes that are supported by European funds. The project is aligned with the EU4Health European Programme, established by Regulation (EU) 2021/522, which addresses issues related to health. In this instance, there is only a correlation at the level of specific objectives, namely the strengthening of access to health services. There is no overlap of actions or parallel funding.

B.8 COMPATIBILITY WITH EU AND NATIONAL POLICIES

B.8.1 Consistency of the project with EU horizontal principles

Please describe if applicable, the effect of the project to each one of the horizontal principles. Please select with an X only one option per principle and provide the justification.

Equal opportunities & non discrimination: Consistent

The proposed project is aligned with the EU's fundamental principles of equal opportunities. It is therefore committed to ensuring that all participants in its actions are treated fairly and equally, regardless of personal characteristics such as gender, age, racial origin, nationality, sexual orientation, etc. Furthermore, we will take all necessary steps to guarantee full accessibility for people with disabilities. All project events will be held in accessible locations and the electronic tools (website, platform, application) will be developed in accordance with the Web Content Accessibility Guidelines, version 2.1 of the World Wide Web Consortium (W3C).

Sustainable Development: Consistent

It is expected that the proposed project will have a positive impact on sustainable development. A significant portion of the publicity and information activities are conducted through digital media, which helps to minimise the environmental impact of traditional publicity activities (such as printing of studies and texts).

Equality between men and women: Consistent

It is a priority for the project to ensure the full and equal participation of women and men in all activities. To this end, specific measures will be taken, including ensuring an equal number of men and women participate in consultancy and training activities, highlighting good equality practices, and more.

B.8.2 How does the project contribute to wider strategies and policies (incl. macroregional strategies), in particular, those concerning the project or programme area

Please describe to which strategies and policies your project will contribute and briefly describe in what way..

The Act is aligned with the EU guidelines on mental health (COM(2023) 298 final), supports the National Action Plans for Mental Health in Greece and Italy, and contributes to the objectives of EU initiatives such as Erasmus+, by enhancing student and pupil mobility and collaboration between universities.

B.8.3 Compliance with national and EU regulation regarding public procurement procedures and public contracts for the procurement of works, studies, supplies and services.

Please describe how the relevant regulations have been or will be respected/followed during the implementation of the Project.

During the implementation of the project, all relevant national and European regulatory provisions concerning public procurement procedures for works, studies, supplies and services will be adhered to. The project partners are public bodies with the requisite expertise and experience in the implementation of co-financed projects. They are obliged to comply fully with national and European legislation and have given a legal commitment to do so.

B.9.1 FINANCIAL SUSTAINABILITY

Please describe how the beneficiary/ies has/have the necessary financial resources and mechanisms to cover operation and maintenance costs for operations comprising investment in infrastructure or productive investment, so as to ensure their financial sustainability

The project beneficiaries have the necessary financial resources for operational and maintenance costs, ensuring the sustainability of the actions. As public bodies, they can draw on national resources and funding programmes for the maintenance of project activities, and their budgets include stable funds for infrastructure management and operation. With their experience in managing co-funded projects, they will submit proposals for new, European or national programmes to secure additional funding for maintenance after project completion. An important advantage for sustainability is the participation of competent bodies (6th Health Region of Peloponnese, Municipality of Nardo) that implement mental health policies locally, are obliged to develop these actions based on EU directives and national policies and have resources to finance the Act (e.g. In the area of human resources, which is a major expenditure, Memoranda of Understanding with local universities can be used. Also, the inclusion of the project in the National Action Plans for Mental Health in Greece and Italy (<https://national-policies.eacea.ec.europa.eu/youthwiki/chapters/italy/75-mental-health>, <https://www.moh.gov.gr/articles/health/domes-kai-draseis-gia-thn-ygeia/c312-psyikh-ygeia/c685-draseis/11499-ethniko-sxedio-drashs-gia-thn-psyikh-ygeia>) allows the PB2 and the PB3 to request continued funding from the Ministries of Health, which also enhances the financial sustainability of the project. Finally, the project involves educational actions and should be taken into account in the sustainability resources and their capitalization, which will act multiplier, will continue because it is an obligation of the institutions, will be institutionalized through MoUs and all this by using the existing trained staff of the sustainability institutions, without any particular additional costs.

B.10.1 Other

The proposal's strength lies in addressing a documented cross-border need: Generation Z youth mental health issues. The project's actions and objectives align with EU guidelines and national mental health plans, supported by a strong partnership of six institutions, including the 6th Health Region and the Municipality of Nardo, both pivotal in implementing mental health policies. Economically viable, it requires minimal maintenance as actions can integrate into existing programs of the above-mentioned institutions, ensuring long-term sustainability. Based on preventive strategies, the project promises a significant social impact, with lasting mechanisms for formal and informal support networks that will benefit future youth generations. Cross-border cooperation is central in this project, addressing common challenges and issues arising from the mobility of young people of the two regions (e.g. due to tourism, European Union youth mobility programmes, Erasmus+ etc). Collaboration across hospitals, educational institutions, municipal social services, and NGOs will build security and trust among citizens, the social impact of the EU as an institution close to citizens, and improve service access for populations with limited accessibility, setting the stage for further network-driven actions. A distinct advantage is the proposal's introduction of a new methodology for mental health focused on secondary prevention through peer support, alongside technological innovations in service delivery. The project emphasizes digital mental health services, facilitated by knowledge transfer from Italy to Greece, enabling both good practice exchange and a transition into new era of modernized service models. This cooperative framework, continuing beyond the project's completion, will establish conditions for sustained multi-level collaboration between Greece and Italy, enhancing the capacity to address more effectively mental health challenges of young people and the population in general

[Partnership Agreement] Additional duties of Lead Partner - specific activities, if required:

if Yes, please specify (up to 2000 characters):

[Partnership Agreement] The partnership agrees to operate under the following set of operational rules:

-

[Partnership Agreement] Additional beneficiary duties - specific activities per partner, if required:

Declaration of the type of PIP payments (indirect - direct) for each Greek partner:

Direct payment: The Greek PB1 and PB2 will receive 100% of their budget by direct payment through PIP financing.

SECTION C: PARTNERSHIP**Lead Beneficiary (LB1) Details /4050673**

Name of institution in English	HELLENIC REGULATORY BODY OF NURSES		
Name of institution in original language	ΕΝΩΣΗ ΝΟΣΗΛΕΥΤΩΝ ΕΛΛΑΔΑΣ		
Distinctive Title/ Abbreviation	HELLENIC REGULATORY BODY OF NURSES		
Interreg Category	Bodies governed by public law		
Legal Status			
Legal Representative	Skoutelis Dimitrios		
Position of the legal representative in the organization	Chairman of the Board of Directors		
Address	47 Vasilissis Sofias Av. 10676 Athens		
NUTS III code - Country	EL300703 - ELLADA		
Telephone	+302103648044 / 2103648048		
e-mail	info@enne.gr	Website	enne.gr
Tax Number/VAT	999320733		
Taxation Office	Δ ΑΘΗΝΩΝ		
VAT(Recoverable or not)	Non Recoverable		
Contact Person for the project	LAMPROS BIZAS		
Project Manager	DIMITRIOS SKOUTELIS		
Email	lamprosbizas@yahoo.gr; stomazou@gmail.com; chrysagiannioudi@gmail.com		
Financial Manager	PANOPOULOS STAVROS		
Lead Beneficiary Budget			
Total Budget	523.177,00		
EU Contribution	392.382,75		
National Contribution	130.794,25		
National Counterpart Type	Public		
Lead Beneficiary Bank Details (to be completed upon approval)			
Bank Details	Piraeus Bank		
IBAN	GR2701721200005120090320380		
SWIFT code	-		
Holder of the account	Hellenic Regulatory Body of Nurses		

Beneficiary (B2) Details /1020260			
Name of institution in English	6TH HEALTH REGION-SPECIAL FUND ACCOUNT FOR RESEARCH AND DEVELOPMENT		
Name of institution in original language	ΕΙΔΙΚΟΣ ΛΟΓΑΡΙΑΣΜΟΣ ΚΟΝΔΥΛΙΩΝ ΕΡΕΥΝΑΣ ΚΑΙ ΑΝΑΠΤΥΞΗΣ 6ης Υγειονομικής Περιφέρειας Πελοποννήσου, Ιονίων Νήσων, Ηπείρου ΚΑΙ Δυτικής Ελλάδας (ΕΛΚΕΑ 6ης Υ.ΠΕ.)		
Distinctive Title/ Abbreviation	6TH HEALTH REGION-SPECIAL FUND ACCOUNT FOR RESEARCH AND DEVELOPMENT		
Interreg Category	National, regional, or local public bodies		
Legal Status			
Legal Representative	ILIAS THEODOROPOULOS		
Position of the legal representative in the organization	PRESIDENT		
Address	YPATIS 1 26441 PATRA		
NUTS III code - Country	EL23 - ELLADA		
Telephone	2613600680 /		
e-mail	g.karidas@dypede.gr	Website	https://www.dypede.gr/
Tax Number/VAT	999100797		
Taxation Office	Α ΠΑΤΡΩΝ		
VAT(Recoverable or not)	Non Recoverable		
Contact Person for the project	KARIDAS GEORGIOS		
Beneficiary (B2) Budget			
Total Budget	209.205,00		
EU Contribution	156.903,75		
National Contribution	52.301,25		
National Counterpart Type	Public		
Lead Beneficiary Bank Details (to be completed upon approval)			
Bank Details			
IBAN			
SWIFT code			
Holder of the account			

Beneficiary (B3) Details /90100057			
Name of institution in English	MUNICIPALITY OF NARDO		
Name of institution in original language	COMUNE DI NARDO		
Distinctive Title/ Abbreviation	MUNICIPALITY OF NARDO		
Interreg Category	National, regional, or local public bodies		
Legal Status			
Legal Representative	GIUSEPPE MELLONE		
Position of the legal representative in the organization	Mayor		
Address	PIAZZA CESARE BATTISTI, 1, 73048 NARDO 73048		
NUTS III code - Country	ITF45 - ITALIA		
Telephone	00390833838353 /		
e-mail	progetti@comune.nardo.le.it	Website	http://www.comune.nardo.le.it/
Tax Number/VAT	01133430759		
Taxation Office			
VAT(Recoverable or not)	Non Recoverable		
Contact Person for the project	LUIGI SICILIANO		
Beneficiary (B3) Budget			
Total Budget	372.927,24		
EU Contribution	279.695,43		
National Contribution	93.231,81		
National Counterpart Type	Public		
Lead Beneficiary Bank Details (to be completed upon approval)			
Bank Details	Banca d'Italia		
IBAN	IT38H0100004306TU0000028388		
SWIFT code	-		
Holder of the account	Comune di Nardo		

Beneficiary (B4) Details /997132819			
Name of institution in English	CAPODARCO COMMUNITY "FATHER GIGI MOVIA" ETS		
Name of institution in original language	COMUNITA DI CAPODARCO "PADRE GIGI MOVIA" ETS		
Distinctive Title/ Abbreviation	CAPODARCO COMMUNITY "FATHER GIGI MOVIA" ETS		
Interreg Category	Non profit organisations founded according to private law		
Legal Status			
Legal Representative	MARIA DOMENICA MANIERI ELIA		
Position of the legal representative in the organization	HEAD OF THE BOARD		
Address	VIA ENRICO TOTI 3/B 73048 NARDO' (LECCE)		
NUTS III code - Country	ITF45 - ITALIA		
Telephone	+39/3497777858 /		
e-mail	CAPODARCON@GMAIL.COM	Website	WWW.CAPODARCONARDO.IT
Tax Number/VAT	IT03805430752		
Taxation Office	ΔΟΥ ΕΞΩΤΕΡΙΚΟΥ		
VAT(Recoverable or not)	Non Recoverable		
Contact Person for the project	DANIELE DE RICCARDIS		
Beneficiary (B4) Budget			
Total Budget	261.844,20		
EU Contribution	196.383,15		
National Contribution	65.461,05		
National Counterpart Type	Public		
Lead Beneficiary Bank Details (to be completed upon approval)			
Bank Details			
IBAN			
SWIFT code			
Holder of the account			

SECTION D: BUDGET

WORK PACKAGES				
WP	TITLE	START	END	BUDGET
1	Management	15/04/2025	15/04/2027	174.805,64
2	Communication	15/04/2025	15/04/2027	187.862,00
3	Development of digital services for early diagnosis and intervention for timely recognition of mental illnesses	15/04/2025	15/04/2027	504.606,00
4	Psychosocial Interventions in Secondary Education to Enhance Students' Mental Resilience and Educate Them in Anxiety Management	15/04/2025	15/04/2027	281.182,00
5	Development of counselling and psychological peer support services in Higher Education	15/04/2025	15/04/2025	218.697,80
TOTAL				1.367.153,44

TOTAL PROJECT PER WP / BUDGET CATEGORY							
	Staff Costs	Office and Administration	Travel and Accommodation	External Expertise and Services	Equipment	Infrastructure and Works	TOTALS
WP 1	25.128,64	3.769,30	14.736,30	131.171,40	0,00	0,00	174.805,64
WP 2	23.270,00	3.490,50	20.208,00	140.893,50	0,00	0,00	187.862,00
WP 3	137.600,00	7.380,00	14.676,00	344.950,00	0,00	0,00	504.606,00
WP 4	21.640,00	3.246,00	2.796,00	253.500,00	0,00	0,00	281.182,00
WP 5	23.506,00	3.525,90	3.300,90	188.365,00	0,00	0,00	218.697,80
TOTALS	231.144,64	21.411,70	55.717,20	1.058.879,90	0,00	0,00	1.367.153,44

	TOTAL BUDGET	ELIGIBLE BUDGET
Expenditures Based on Invoiced Documents	1.247.891,90	1.247.891,90
Simplified Cost	119.261,54	119.261,54
TOTAL	1.367.153,44	1.367.153,44

PROJECT FINANCING			
Financing Source	Total Public Expenditure	Eligible Public Expenditure	Comments
Public Investment Programme (PIP)	732.382,00	732.382,00	
Beneficiary Contribution	634.771,44	634.771,44	
TOTAL	1.367.153,44	1.367.153,44	

BUDGET PER BENEFICIARY / DELIVERABLES / BUDGET CATEGORY								
Lead Beneficiary (HELLENIC REGULATORY BODY OF NURSES)								
	Deliverable Title	Staff Costs	Office and Administration	Travel and Accommodation	External Expertise and Services	Equipment	Infrastructure and Works	TOTALS
WP1	Management							
DEL 1.1	Preperation Costs	0,00	0,00	532,00	0,00	0,00	0,00	532,00
DEL 1.2	Management	6.000,00	900,00	0,00	30.000,00	0,00	0,00	36.900,00
DEL 1.3	Project evaluation	4.000,00	600,00	0,00	20.000,00	0,00	0,00	24.600,00
DEL 1.4	Technical meetings	600,00	90,00	6.800,00	3.000,00	0,00	0,00	10.490,00
WP2	Communication							
DEL 2.1	Project's website and social media accounts	1.000,00	150,00	0,00	5.000,00	0,00	0,00	6.150,00
DEL 2.2	Promotional material, press releases & newsletters	1.800,00	270,00	0,00	9.000,00	0,00	0,00	11.070,00
DEL 2.3	Promotional video showcasing the project's results and collaboration	3.000,00	450,00	0,00	15.000,00	0,00	0,00	18.450,00
DEL 2.4	Produce and play a radio spot in the 2 countries	2.000,00	300,00	0,00	10.000,00	0,00	0,00	12.300,00
DEL 2.5	Opening and closing conferences, 2 in each country	3.000,00	450,00	9.360,00	15.000,00	0,00	0,00	27.810,00
WP3	Development of digital services for early diagnosis and intervention for timely recognition of mental illnesses							
DEL 3.1	Study mapping mental health issues and resilience among secondary education student population (High Schools)	0,00	0,00	0,00	20.100,00	0,00	0,00	20.100,00
DEL 3.2	Study mapping mental health issues and resilience among the student population of the Universities in the intervention area	0,00	0,00	0,00	26.800,00	0,00	0,00	26.800,00

DEL 3.3	Creation of a digital platform	0,00	0,00	0,00	73.150,00	0,00	0,00	73.150,00
DEL 3.4	Development of educational material	0,00	0,00	0,00	23.450,00	0,00	0,00	23.450,00
DEL 3.5	Training of existing personnel (2 Psychologists and 2 Social Workers) for providing digital counseling and mental health services for 12 months	0,00	0,00	0,00	3.350,00	0,00	0,00	3.350,00
WP4	Psychosocial Interventions in Secondary Education to Enhance Students' Mental Resilience and Educate Them in Anxiety Management							
DEL 4.2	Sensitization and training of secondary education educators for the recognition of early symptoms and linkage to mental health services	0,00	0,00	0,00	39.000,00	0,00	0,00	39.000,00
DEL 4.3	Sensitization and training of parents through information and education in Parents' Associations of Secondary Education	0,00	0,00	0,00	39.000,00	0,00	0,00	39.000,00
DEL 4.4	Development of a mobile application for anxiety management following the cognitive-behavioral therapy direction	0,00	0,00	0,00	70.500,00	0,00	0,00	70.500,00
WP5	Development of counselling and psychological peer support services in Higher Education							
DEL 5.1	Training of male and female students of Universities in intervention area to operate as an informal support network for the student community	0,00	0,00	0,00	30.000,00	0,00	0,00	30.000,00
DEL	Education and awareness	0,00	0,00	0,00	13.500,00	0,00	0,00	13.500,00

5.2	raising actions within the student community for mental health							
DEL 5.4	Production of educational material for social service staff in Municipalities	0,00	0,00	0,00	5.025,00	0,00	0,00	5.025,00
DEL 5.5	Training of Social Service staff in Municipalities in Western Greece-Puglia	0,00	0,00	0,00	31.000,00	0,00	0,00	31.000,00
TOTAL								523.177,00

P2 (6TH HEALTH REGION-SPECIAL FUND ACCOUNT FOR RESEARCH KAI DEVELOPMENT)

	Deliverable Title	Staff Costs	Office and Administration	Travel and Accommodation	External Expertise and Services	Equipment	Infrastructure and Works	TOTALS
WP1	Management							
DEL 1.2	Management	8.250,00	1.237,50	0,00	0,00	0,00	0,00	9.487,50
DEL 1.3	Project evaluation	1.500,00	225,00	0,00	0,00	0,00	0,00	1.725,00
DEL 1.4	Technical meetings	750,00	112,50	6.800,00	2.000,00	0,00	0,00	9.662,50
WP2	Communication							
DEL 2.2	Promotional material, press releases & newsletters	1.500,00	225,00	0,00	4.000,00	0,00	0,00	5.725,00
DEL 2.5	Opening and closing conferences, 2 in each country	1.050,00	157,50	9.360,00	7.200,00	0,00	0,00	17.767,50
WP3	Development of digital services for early diagnosis and intervention for timely recognition of mental illnesses							
DEL 3.5	Training of existing personnel (2 Psychologists and 2 Social Workers) for providing digital counseling and mental health services for 12 months	24.750,00	3.712,50	0,00	116.000,00	0,00	0,00	144.462,50
WP4	Psychosocial Interventions in Secondary Education to Enhance Students' Mental Resilience and Educate Them in Anxiety							

	Management							
DEL 4.1	Development of informative and awareness-raising materials	3.000,00	450,00	0,00	10.700,00	0,00	0,00	14.150,00
WP5	Development of counselling and psychological peer support services in Higher Education							
DEL 5.3	Information leaflets about early symptoms of psychological issues and information leaflets with points of aid and support in the intervention area	1.500,00	225,00	0,00	4.500,00	0,00	0,00	6.225,00
TOTAL								209.205,00
P3 (MUNICIPALITY OF NARDO)								
	Deliverable Title	Staff Costs	Office and Administration	Travel and Accommodation	External Expertise and Services	Equipment	Infrastructure and Works	TOTALS
WP1	Management							
DEL 1.2	Management	0,00	0,00	0,00	27.885,46	0,00	0,00	27.885,46
DEL 1.4	Technical meetings	1.228,64	184,30	184,30	6.143,20	0,00	0,00	7.740,44
DEL 1.5	Certification expenditures	0,00	0,00	0,00	7.458,54	0,00	0,00	7.458,54
WP2	Communication							
DEL 2.1	Project's website and social media accounts	3.600,00	540,00	540,00	18.000,00	0,00	0,00	22.680,00
DEL 2.2	Promotional material, press releases & newsletters	2.320,00	348,00	348,00	11.600,00	0,00	0,00	14.616,00
DEL 2.3	Promotional video showcasing the project's results and collaboration	2.200,00	330,00	330,00	11.000,00	0,00	0,00	13.860,00
DEL 2.5	Opening and closing conferences, 2 in each country	600,00	90,00	90,00	3.000,00	0,00	0,00	3.780,00
WP3	Development of digital services for early diagnosis and intervention for timely recognition of							

	mental illnesses							
DEL 3.1	Study mapping mental health issues and resilience among secondary education student population (High Schools)	4.200,00	630,00	630,00	21.000,00	0,00	0,00	26.460,00
DEL 3.2	Study mapping mental health issues and resilience among the student population of the Universities in the intervention area	5.240,00	786,00	786,00	26.200,00	0,00	0,00	33.012,00
WP4	Psychosocial Interventions in Secondary Education to Enhance Students' Mental Resilience and Educate Them in Anxiety Management							
DEL 4.2	Sensitization and training of secondary education educators for the recognition of early symptoms and linkage to mental health services	7.200,00	1.080,00	1.080,00	36.000,00	0,00	0,00	45.360,00
DEL 4.3	Sensitization and training of parents through information and education in Parents' Associations of Secondary Education	7.200,00	1.080,00	1.080,00	36.000,00	0,00	0,00	45.360,00
WP5	Development of counselling and psychological peer support services in Higher Education							
DEL 5.1	Training of male and female students of Universities in intervention area to operate as an informal support network for the student community	5.800,00	870,00	870,00	29.000,00	0,00	0,00	36.540,00
DEL 5.2	Education and awareness raising actions within the student community for mental health	4.196,00	629,40	629,40	20.980,00	0,00	0,00	26.434,80

DEL 5.3	Information leaflets about early symptoms of psychological issues and information leaflets with points of aid and support in the intervention area	1.500,00	225,00	225,00	7.500,00	0,00	0,00	9.450,00
DEL 5.4	Production of educational material for social service staff in Municipalities	1.500,00	225,00	225,00	7.500,00	0,00	0,00	9.450,00
DEL 5.5	Training of Social Service staff in Municipalities in Western Greece-Puglia	6.800,00	1.020,00	1.020,00	34.000,00	0,00	0,00	42.840,00
TOTAL								372.927,24
P4 (CAPODARCO COMMUNITY "FATHER GIGI MOVIA" ETS)								
	Deliverable Title	Staff Costs	Office and Administration	Travel and Accommodation	External Expertise and Services	Equipment	Infrastructure and Works	TOTALS
WP1	Management							
DEL 1.1	Preperation Costs	0,00	0,00	0,00	12.000,00	0,00	0,00	12.000,00
DEL 1.2	Management	2.000,00	300,00	300,00	14.550,00	0,00	0,00	17.150,00
DEL 1.4	Technical meetings	800,00	120,00	120,00	3.000,00	0,00	0,00	4.040,00
DEL 1.5	Certification expenditures	0,00	0,00	0,00	5.134,20	0,00	0,00	5.134,20
WP2	Communication							
DEL 2.2	Promotional material, press releases & newsletters	0,00	0,00	0,00	26.000,00	0,00	0,00	26.000,00
DEL 2.4	Produce and play a radio spot in the 2 countries	0,00	0,00	0,00	2.950,00	0,00	0,00	2.950,00
DEL 2.5	Opening and closing conferences, 2 in each country	1.200,00	180,00	180,00	3.143,50	0,00	0,00	4.703,50
WP3	Development of digital services for early diagnosis and intervention for timely recognition of mental illnesses							
DEL 3.4	Development of educational material	15.010,00	2.251,50	0,00	7.900,00	0,00	0,00	25.161,50
DEL 3.5	Training of existing personnel (2 Psychologists	88.400,00	0,00	13.260,00	27.000,00	0,00	0,00	128.660,00

	and 2 Social Workers) for providing digital counseling and mental health services for 12 months							
WP4	Psychosocial Interventions in Secondary Education to Enhance Students' Mental Resilience and Educate Them in Anxiety Management							
DEL 4.1	Development of informative and awareness-raising materials	4.240,00	636,00	636,00	1.300,00	0,00	0,00	6.812,00
DEL 4.2	Sensitization and training of secondary education educators for the recognition of early symptoms and linkage to mental health services	0,00	0,00	0,00	8.000,00	0,00	0,00	8.000,00
DEL 4.3	Sensitization and training of parents through information and education in Parents' Associations of Secondary Education	0,00	0,00	0,00	13.000,00	0,00	0,00	13.000,00
WP5	Development of counselling and psychological peer support services in Higher Education							
DEL 5.1	Training of male and female students of Universities in intervention area to operate as an informal support network for the student community	1.190,00	178,50	178,50	2.700,00	0,00	0,00	4.247,00
DEL 5.2	Education and awareness raising actions within the student community for mental health	1.020,00	153,00	153,00	2.660,00	0,00	0,00	3.986,00
TOTAL								261.844,20

SECTION F: PROJECT INDICATORS

Priority Axis:	3 - P3 - Enhanced cooperation for a more social and inclusive GR-IT area
Specific Objective:	RSO4.5 Access to health care

OUTPUT INDICATORS

Code	Title	Measurement unit	Target
RCO116	Jointly developed solutions	Αριθμός	1
RCO84	Pilot actions developed jointly and implemented in projects	Αριθμός	4

RESULT INDICATORS

Code	Title	Measurement unit	Target
RCR104	Solutions taken up or up-scaled by organisations	Αριθμός	1
RCR72	Annual users of new or modernised e-health care services	χρήστες/έτος	200

SECTION G: CHECK LIST FOR SUBMISSION ATTACHED DOCUMENTS

We declare responsibly that the information contained in the proposal is true and accurate

Yes

We confirm that:

S/N	QUESTION	ANSWER
1	The project will be implemented in line with the relevant EU and national legislation and policies of the countries involved.	Yes
2	All Beneficiaries in the Partnership receiving funding from the Programme are eligible bodies as defined in the call for proposals.	Yes
3	The information is accurate and true to the best knowledge of the Lead Beneficiary	Yes
4	The project budget and costs are in line with the limits set in the Call for proposals.	Yes
5	I am aware of all the obligations related to the monitoring of the Result and Output Indicator values during the implementation of the action and their submission to the Managing Authority twice a year	Yes
6	I am aware of all issues defined in EU (General Data Protection Regulation – GDPR) and national legislation regarding personal data protection and I will respect the obligations relevant to the protection and security of the personal data that I may process and/or data that will come to my knowledge by any possible means during the fulfilment of my duties; and I will fully comply with instructions and obligations according to the Data Protection Officer.	Yes
7	I am aware of the obligations that I must comply with, during the implementation of the submitted proposal as they stem from the Charter of Fundamental Rights of the European Union and I fully confirm that the proposed action neither does violate nor is it incompatible with any of the content of the Charter of Fundamental Rights of the European Union, as outlined in the "Table for compliance of actions with the Charter of Fundamental Rights of the European Union" which is included in the Call for proposals.	Yes
8	The documents in force, assuring the eligibility of all beneficiaries, are complete and registered in the Project Body Information form in M.I.S. (Menu Utilities)	Yes
9	The Project Body Information form in M.I.S. (Menu Utilities) is updated, regarding all beneficiaries, with information on all beneficial owners of the beneficiaries.	Yes
10	I am aware of the obligations I undertake in the context of the project's implementation, as they are described in the Subsidy Contract and Partnership Agreement included in the invitation and in case of and if it is evaluated positively and financed by the Program, I will comply with the said obligations	Yes

SECTION H: ATTACHED DOCUMENTS**LIST OF DOCUMENTS ATTACHED TO THE APPLICATION FORM**

S/N	No	Category / Filename	Important Notes
1	52002	Documents proving the existence of branch Documents proving the existence of branch Documents proving the existence of branch / 9.4 ΛΟΓ.ΛΕΙΤΟΥΡΓ. ΔΑΠΑΝΩΝ_3ο ΠΤ.pdf	9.4 ΛΟΓ.ΛΕΙΤΟΥΡΓ. ΔΑΠΑΝΩΝ_3ο ΠΤ.pdf
2	52002	Documents proving the existence of branch Documents proving the existence of branch Documents proving the existence of branch / 9.1 3252_2004_132.pdf	9.1 3252_2004_132
3	52002	Documents proving the existence of branch Documents proving the existence of branch Documents proving the existence of branch / 9.2 FEK-2014-Tefxos A-00145.pdf	9.2 FEK-2014-Tefxos A-00145.pdf
4	52002	Documents proving the existence of branch Documents proving the existence of branch Documents proving the existence of branch / 9.3 ΜΙΣΘΩΤΗΡΙΟ_3ο ΠΤ_ENE.pdf	9.3 ΜΙΣΘΩΤΗΡΙΟ_3ο ΠΤ_ENE
5	52070	Partnership Declaration / 1. A1_PARTNERSHIP DECLARATION.pdf	1. A1_PARTNERSHIP

			DECLARATION
6	52075	Project Maturity Sheet / 5.2 A6_Project_Maturity_Sheet_PB2.pdf	5.2 A6_Project_Maturity_Sheet_PB2.pdf
7	52075	Project Maturity Sheet / 5.4 A6_Project_Maturity_Sheet_PB4.pdf	5.4 A6_Project_Maturity_Sheet_PB4.pdf
8	52075	Project Maturity Sheet / 5.3 A6_HealthyMinds_Maturity_Sheet_PB3.pdf	5.3 A6_HealthyMinds_Maturity_Sheet_PB3.pdf
9	52075	Project Maturity Sheet / 5.1 A6_MATURITY_SHEET- PB1.pdf	5.1 A6_MATURITY_SHEET- PB1.pdf
10	52076	SEA Compliance Form / 7. A9_SEA_LP.pdf	7. A9_SEA_LP.pdf
11	52085	State Aid Declaration / 4.1 A5_State_Aid_Declaration_LB.pdf	4.1 A5_State_Aid_Declaration_LB
12	52085	State Aid Declaration / 4.2 A5_State_Aid_Declaration_PB2.pdf	4.2 A5_State_Aid_Declaration_PB2.pdf
13	52085	State Aid Declaration / 4.3 A5_State_Aid_Declaration_PB3.pdf	4.3 A5_State_Aid_Declaration_PB3.pdf
14	52085	State Aid Declaration / 4.4 A5_State_Aid_Declaration_PB4.pdf	4.4 A5_State_Aid_Declaration_PB4.pdf
15	52087	Justification of Budget Form / 3.1 A3_1st Call_JoBF_29102024_HealthyMinds_08.11.2024.xlsx	3.1 A3_1st Call_JoBF_29102024_HealthyMinds_08.11.2024_editable
16	52087	Justification of Budget Form / 3.2 A3_1st Call_JoBF_29102024_HealthyMinds_08.11.2024.pdf	3.2 A3_1st Call_JoBF_29102024_HealthyMinds_08.11.2024.pdf
17	52087	Justification of Budget Form / 3.1 A3_1st Call_JoBF_29102024_HealthyMinds20.3.25PBs_approved.xlsx	3.1 A3_1st Call_JoBF_29102024_HealthyMinds20.3.25PBs_approved.xlsx
18	52068	Project Feasibility study / 2. PROJECT FEASIBILITY STUDY.pdf	2. PROJECT FEASIBILITY STUDY
19	51950	System generated pdf / TDP_6005597_id17146_SUB_78.pdf	TDP_6005597_id17146_SUB_78
20	51950	System generated pdf / TDP_6005597_id17146_SUB_27.pdf	TDP_6005597_id17146_SUB_27
21	51950	System generated pdf / TDP_6005597_id17146_RET_91.pdf	TDP_6005597_id17146_RET_91
22	51950	System generated pdf / TDP_6005597_id17146_SUB_59.pdf	TDP_6005597_id17146_SUB_59
23	51950	System generated pdf / TDP_6005597_id17146_FIN_56.pdf	TDP_6005597_id17146_FIN_56
24	51950	System generated pdf / TDP_6005597_id17146_FIN_16.pdf	TDP_6005597_id17146_FIN_16
25	520100	Project Communication Strategy / 8.PROJECT COMMUNICATION STRATEGY.pdf	8.PROJECT COMMUNICATION STRATEGY.pdf
26	520101	Climate Endurance Validation Report / 6. A8_Climate Endurance Validation Report_LB.pdf	6. A8_Climate Endurance Validation Report_LB.pdf
27	520103	Documentation (studies/licences e.t.c) as stated in Project Maturity Sheet / NOT RELATED.pdf	NOT RELATED
28	520104	Concept Note / Greece_Italy- Concept_Note_HealthyMinds_signed.pdf	Concept Note "HealthyMinds"
29	52265	Other documents / HETHYMINDS OPTIMIZATION BUDGET MEETING SIGNED MINUTES.pdf	
30	52265	Other documents / Official Decision of Acceptance_LB_EN.pdf	Official Decision of Acceptance_LB (EN).pdf

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31	52265	Other documents / Official Decision of Acceptance_LB_GR.pdf	Official Decision of Acceptance_LB_GR.pdf
32	52265	Other documents / Official Decision of Acceptance_PB02.pdf	Official Decision of Acceptance_PB02.pdf
33	52265	Other documents / Official Decision of Acceptance_PB03.pdf	Official Decision of Acceptance_PB03.pdf
34	52265	Other documents / Official Decision of Acceptance_PB04.pdf	Official Decision of Acceptance_PB04.pdf
35	52265	Other documents / Milestones-template_HealthyMinds_PBs_2.05.2025.xlsx	Milestones-template_HealthyMinds_PBs_2.05.2025.xlsx
36	52265	Other documents / HealthyMinds_F.II.1_2 Procurement plan_GR-IT_PB3_02.05_fn.xlsx	HealthyMinds_F.II.1_2 Procurement plan_GR-IT_PB3_02.05.2025-PBs.xlsx
37	52265	Other documents / Delibera interreg -.pdf	FORMAL DECISION PB4 MUN OF NARDO'

APPLICATION FORM

ID	Status
17146	Approved